

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	17.6°C	40%
End	11:23	17.6°C	40%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	511	Paulo Barbosa	SC BRAGA	30:25		03:03	
2	144	Simão Bastos	Benfica	30:33	+00:08	03:03	
3	461	Bruno Silva	Prime Running Club	30:39	+00:14	03:04	
4	466	João Almeida	RECREIO DESPORTIVO DE ÁGUEDA	31:16	+00:51	03:08	
5	512	Pedro Ribeiro	Individual	31:54	+01:29	03:11	
6	112	Filipe Ferreira	ACR de Vale de Cambra	31:54	+01:29	03:11	
7	111	Carlos Rodrigues	ACR de Vale de Cambra	32:37	+02:12	03:16	
8	412	Paulo Gomes	GDC Guilhovai	32:50	+02:25	03:17	
9	249	RENATO SOUSA	EV/PERALTAFIL	33:00	+02:35	03:18	
10	253	TOZÉ CASTRO	EV/PERALTAFIL	33:00	+02:35	03:18	
11	272	ANTÓNIO JOAQUIM SOARES FERNANDES	GDC Guilhovai	33:29	+03:04	03:21	
12	255	VITOR SANTOS	EV/PERALTAFIL	33:36	+03:11	03:22	
13	208	ANDRÉ ADRIANO	Clube Atletismo de Ovar	34:04	+03:39	03:24	
14	139	Alexandre Azevedo	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'ÓVAR	34:14	+03:49	03:25	
15	121	Bruno Freitas	ACR de Vale de Cambra	34:30	+04:05	03:27	
16	398	Paulo Pereira	GDC Guilhovai	34:39	+04:14	03:28	
17	260	Artur Rodrigues	GDC Guilhovai	34:46	+04:21	03:29	
18	270	Jorge Cubal	GDC Guilhovai	34:50	+04:25	03:29	
19	448	Ângelo César Pinho Araújo	Núcleo de Atletismo de Cucujães	34:53	+04:28	03:29	
20	142	DANIEL RODRIGUES	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'ÓVAR	34:55	+04:30	03:30	
21	271	LUÍS JOSÉ GOMES E SILVA	GDC Guilhovai	34:58	+04:33	03:30	
22	247	HELDER PIRES	EV/PERALTAFIL	35:09	+04:44	03:31	
23	438	Duarte Rodrigues	Maia Atlético Clube	35:12	+04:47	03:31	
24	431	Telmo nascimento	Grupo Desportivo São Paio de Oleiros	35:18	+04:53	03:32	
25	220	Manuel Alves	Clube Campismo	35:30	+05:05	03:33	
26	259	Antonio Cristovão	GDC Guilhovai	35:32	+05:07	03:33	
27	346	Sérgio Pinto	LAVRA	35:50	+05:25	03:35	
28	252	JOSÉ ALMEIDA	EV/PERALTAFIL	36:01	+05:36	03:36	
29	141	Jorge Valente	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'ÓVAR	36:15	+05:50	03:37	
30	311	Fábio Reis	Vale Correr	36:41	+06:16	03:40	
31	467	Hugo Ramalho	RECREIO DESPORTIVO DE ÁGUEDA	37:15	+06:50	03:44	
32	246	BRUNO MELO	EV/PERALTAFIL	37:22	+06:57	03:44	
33	115	Marco Pinho	ACR de Vale de Cambra	37:36	+07:11	03:46	
34	133	José Figueiredo	AFISOVAR	37:40	+07:15	03:46	
35	447	João Dias	Núcleo de Atletismo de Cucujães	37:45	+07:20	03:46	
36	464	Joana Nunes	RECREIO DESPORTIVO DE ÁGUEDA	37:54	+07:29	03:47	
37	124	António Pinto	ACR de Vale de Cambra	37:56	+07:31	03:48	
38	251	CLÁUDIO COSTA	EV/PERALTAFIL	37:58	+07:33	03:48	
39	488	João Oliveira	Vale Correr	38:02	+07:37	03:48	

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
130	321	Jorge Costa	Individual	45:51	+15:26	04:35	
131	369	Carlos Martins	Individual	45:54	+15:29	04:35	
132	453	Daniel Silva	Oliveira's	46:05	+15:40	04:37	
133	122	Rui Almeida	ACR de Vale de Cambra	46:07	+15:42	04:37	
134	248	RAFAEL JESUS	EV/PERALTAFIL	46:20	+15:55	04:38	
135	174	Ilídio Silva	Catari Gaia-Running	46:21	+15:56	04:38	
136	113	Francis Fernandes	ACR de Vale de Cambra	46:32	+16:07	04:39	
137	165	Elisabete Repas	Catari Gaia-Running	46:32	+16:07	04:39	
138	454	Pedro Pina	Oliveira's	46:44	+16:19	04:40	
139	339	Pedro Miguel Silva Pinho	Individual	46:45	+16:20	04:41	
140	159	Lucília Resende	Catari Gaia-Running	46:47	+16:22	04:41	
141	391	Luis Rodrigues	Individual	46:49	+16:24	04:41	
142	250	ANA OLIVEIRA	EV/PERALTAFIL	46:53	+16:28	04:41	
143	430	Manuel Belinha	Grupo Desportivo São Paio de Oleiros	46:54	+16:29	04:41	
144	134	Manuel Gomes	AFISOVAR	46:54	+16:29	04:41	
145	303	Carlos Monteiro	Individual	46:55	+16:30	04:41	
146	331	Miguel Chaves	Individual	46:59	+16:34	04:42	
147	222	Dario Pereira	Clube Campismo	47:06	+16:41	04:43	
148	284	Ana Margarida Pinho	Individual	47:06	+16:41	04:43	
149	324	Luís Silva	Individual	47:08	+16:43	04:43	
150	469	ZE MOUTINHO	RUNNING ESPINHO	47:11	+16:46	04:43	
151	173	Francisco Freitas	Catari Gaia-Running	47:16	+16:51	04:44	
152	163	Orlanda Rego	Catari Gaia-Running	47:16	+16:51	04:44	
153	194	CARLOS ALBERTO SILVA	Centro de Marcha e Corrida de Vale de Cambra	47:22	+16:57	04:44	
154	224	Daniela Marlene Pinho Russo	Colep Packaging	47:27	+17:02	04:45	
155	227	Francisco Martins Figueiredo	Colep Packaging	47:27	+17:02	04:45	
156	444	Marlene Ferreira	NBA Barrosas	47:36	+17:11	04:46	
157	172	Pedro Costa	Catari Gaia-Running	47:41	+17:16	04:46	
158	105	Jorge Francisco	ACAIL GAS	47:50	+17:25	04:47	
159	207	NELSON CUNHA SILVA	Centro de Marcha e Corrida de Vale de Cambra	47:53	+17:28	04:47	
160	388	José santos	Individual	47:58	+17:33	04:48	
161	350	Rosália Sousa	Individual	47:58	+17:33	04:48	
162	154	João Neves	Catari Gaia-Running	47:58	+17:33	04:48	
163	119	Clotilde Santos	ACR de Vale de Cambra	47:59	+17:34	04:48	
164	230	Toni Lopes	COPO RUNNERS	48:00	+17:35	04:48	
165	200	HELDER AFONSO	Centro de Marcha e Corrida de Vale de Cambra	48:02	+17:37	04:48	
166	254	Avelino Freitas	Grupo Desportivo São Paio de Oleiros	48:07	+17:42	04:49	
167	353	Arlete santos	JOBRA	48:07	+17:42	04:49	
168	433	Alcindo dias	Grupo Desportivo São Paio de Oleiros	48:08	+17:43	04:49	
169	342	Pedro Vilar	Individual	48:09	+17:44	04:49	
170	125	Celso Paiva	ACR de Vale de Cambra	48:13	+17:48	04:49	
171	275	Bruno António Rodrigues da Silva	GIMNÁGUA	48:21	+17:56	04:50	
172	276	Pedro Manuel da Silva Costa	GIMNÁGUA	48:26	+18:01	04:51	
173	108	Maria Armanda Garrido	ACR de Vale de Cambra	48:32	+18:07	04:51	
174	288	Daniela Costa	Individual	48:34	+18:09	04:51	
175	403	Carlos alberto soares maria	Individual	48:34	+18:09	04:51	

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
220	409	José Rocha	Individual	51:31	+21:06	05:09	
221	440	Maria Helena Tavares da Silva	MH Estúdio de Pilates	51:32	+21:07	05:09	
222	441	Sérgio Dias	MH Estúdio de Pilates	51:32	+21:07	05:09	
223	442	Paulo Bastos	MH Estúdio de Pilates	51:32	+21:07	05:09	
224	190	FILOMENA SANTOS	Centro de Marcha e Corrida de Vale de Cambra	51:33	+21:08	05:09	
225	206	JOAQUIM OLIVEIRA	Centro de Marcha e Corrida de Vale de Cambra	51:34	+21:09	05:09	
226	419	Filipe Soares	Individual	51:38	+21:13	05:10	
227	338	Pedro Lopes	Individual	51:39	+21:14	05:10	
228	211	FATIMA ALEIXO	Clube Atletismo de Ovar	51:44	+21:19	05:10	
229	486	Gabriel Rodrigues	Vale Correr	51:46	+21:21	05:11	
230	473	José Miguel Melo Brandão	Sapatilhas verdes	51:46	+21:21	05:11	
231	103	Luís Novo	ACAIL GAS	51:54	+21:29	05:11	
232	290	Florbelo Araujo	Individual	51:54	+21:29	05:11	
233	273	Hélder MC Ramos	GDG - Grupo Desportivo da Gafanha	52:10	+21:45	05:13	
234	129	Elisabete Silva	AFISOVAR	52:13	+21:48	05:13	
235	415	Serafim Sousa	Individual	52:24	+21:59	05:14	
236	286	Ana Rita Brandão Almeida	Individual	52:25	+22:00	05:14	
237	170	José Lopes	Catari Gaia-Running	52:33	+22:08	05:15	
238	201	JOSÉ ALMEIDA	Centro de Marcha e Corrida de Vale de Cambra	52:44	+22:19	05:16	
239	343	Rafael Vilar	Individual	52:51	+22:26	05:17	
240	355	Célia Aguiar	Individual	52:54	+22:29	05:17	
241	277	Carlos Teixeira	Grupo Juvenil Pinheiro da Bemposta	52:57	+22:32	05:18	
242	279	Virgolino Bastos	Grupo Juvenil Pinheiro da Bemposta	53:01	+22:36	05:18	
243	495	Tania Reis	Vicaima - Industria de Madeiras e Derivados S.A.	53:03	+22:38	05:18	
244	451	Manuel Anjos	Núcleo de Atletismo de Cucujães	53:06	+22:41	05:19	
245	375	Miguel Duarte	Individual	53:09	+22:44	05:19	
246	323	Luis Magalhaes	Individual	53:13	+22:48	05:19	
247	212	ARLINDO SILVA	Clube Atletismo de Ovar	53:17	+22:52	05:20	
248	117	Rui Ferreira	ACR de Vale de Cambra	53:17	+22:52	05:20	
249	126	Manuel Pinho	ACR de Vale de Cambra	53:18	+22:53	05:20	
250	205	ARLINDO RODRIGUES	Centro de Marcha e Corrida de Vale de Cambra	53:21	+22:56	05:20	
251	424	Pedro Magalhães	Individual	53:25	+23:00	05:20	
252	226	Joao Pedro Montenegro Pinto Loureiro	Colep Packaging	53:25	+23:00	05:20	
253	316	Jaime Azevedo	Individual	53:32	+23:07	05:21	
254	185	CLAÚDIA QUARESMA	Centro de Marcha e Corrida de Vale de Cambra	53:35	+23:10	05:21	
255	197	CARLOS ALBERTO BRANDÃO	Centro de Marcha e Corrida de Vale de Cambra	53:35	+23:10	05:21	
256	278	Hugo Sousa	Grupo Juvenil Pinheiro da Bemposta	53:37	+23:12	05:22	
257	241	André Filipe dos Santos Rebelo	EDUART COMPONENTES CALÇADO	53:38	+23:13	05:22	
258	395	Nuno Filipe Marques da Silva	Individual	53:42	+23:17	05:22	
259	472	Fernando Pinto	Sapatilhas verdes	53:44	+23:19	05:22	
260	493	Diana Simoes	Vicaima - Industria de Madeiras e Derivados S.A.	53:57	+23:32	05:24	
261	149	Bernardo Tavares Nery	CATARI	53:57	+23:32	05:24	
262	425	Carlos Alberto Ferreira	Individual	54:07	+23:42	05:25	
263	410	julio costa	Individual	54:11	+23:46	05:25	
264	459	António Reis	Os briosos	54:14	+23:49	05:25	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
265	307	DANIEL GOMES TAVARES	Individual	54:21	+23:56	05:26	
266	516	Filipe Alexandre Alves Loureiro	Individual	54:27	+24:02	05:27	
267	299	Vera Fernandes	Individual	54:34	+24:09	05:27	
268	386	Hugo Morais	Individual	54:34	+24:09	05:27	
269	370	José Manuel Vilela	Individual	54:35	+24:10	05:27	
270	161	Susana Couto	Catari Gaia-Running	54:36	+24:11	05:28	
271	436	Juliana Almeida	JOBRA	54:36	+24:11	05:28	
272	499	Valter Alves	Vicaima - Industria de Madeiras e Derivados S.A.	54:36	+24:11	05:28	
273	120	Fernanda Almeida	ACR de Vale de Cambra	54:37	+24:12	05:28	
274	198	Carlos Alberto Soares Rodrigues	Centro de Marcha e Corrida de Vale de Cambra	54:50	+24:25	05:29	
275	380	Rafael Freitas	Individual	55:00	+24:35	05:30	
276	221	Paulo Valente	Clube Campismo	55:02	+24:37	05:30	
277	368	Carlos Cunha	Individual	55:03	+24:38	05:30	
278	189	TERESA CUNHA	Centro de Marcha e Corrida de Vale de Cambra	55:03	+24:38	05:30	
279	460	Vítor Santos	Os briosos	55:05	+24:40	05:30	
280	313	Gustavo Filipe Bastos Silva Pinho Marques	Individual	55:07	+24:42	05:31	
281	245	Álvaro Miguel Barbosa	em gestão!	55:21	+24:56	05:32	
282	195	DOMINGOS GONÇALVES	Centro de Marcha e Corrida de Vale de Cambra	55:22	+24:57	05:32	
283	462	Vítor Lemos	PUPILOS DO ZÉ TÓ	55:22	+24:57	05:32	
284	366	André Vigário	Individual	55:22	+24:57	05:32	
285	319	João Miguel Moreira Barbosa	Individual	55:22	+24:57	05:32	
286	145	Filipe de Bastos Martins	C.D.C Paradelas do Vouga	55:26	+25:01	05:33	
287	392	Luís silva	Individual	55:34	+25:09	05:33	
288	397	Paulo Alexandre Moreira da Silva	Individual	55:39	+25:14	05:34	
289	401	Rui Silva	Individual	55:46	+25:21	05:35	
290	199	FERNANDO JORGE LEITE	Centro de Marcha e Corrida de Vale de Cambra	55:47	+25:22	05:35	
291	515	Nuno Manuel Pinho Martins Ferreira	Individual	56:02	+25:37	05:36	
292	396	Nuno Sá	Individual	56:06	+25:41	05:37	
293	393	Manuel Joaquim Mendes Silva	Individual	56:11	+25:46	05:37	
294	349	Maria Helena Martins Da Silva	Individual	56:14	+25:49	05:37	
295	514	FERNANDO ROCHA SACRAMENTO	Arlindo Soares de Pinho	56:14	+25:49	05:37	
296	455	Ricardo Silva	Oliveira's	56:14	+25:49	05:37	
297	456	Luís Oliveira	Oliveira's	56:15	+25:50	05:37	
298	187	Paula Cristina Almeida Rodrigues	Centro de Marcha e Corrida de Vale de Cambra	56:38	+26:13	05:40	
299	176	José António Ribeiro	Catari Gaia-Running	56:50	+26:25	05:41	
300	376	NUNO FILIPE DE OLIVEIRA SOARES	Individual	56:50	+26:25	05:41	
301	228	Carlos Jose Almeida Ferreira	Colep Packaging	56:56	+26:31	05:42	
302	492	Paulo soares	Vale Correr	57:00	+26:35	05:42	
303	244	Ana Madalena Barbosa	em gestão!	57:03	+26:38	05:42	
304	178	Diamantino Martins	Catari Gaia-Running	57:25	+27:00	05:44	
305	274	Ana Fernandes	GIMNÁGUA	57:25	+27:00	05:44	
306	184	NATÉRCIA SILVA	Centro de Marcha e Corrida de Vale de Cambra	57:25	+27:00	05:44	
307	322	Luís Correia	Individual	57:25	+27:00	05:45	
308	193	JORGE QUENTAL	Centro de Marcha e Corrida de Vale de Cambra	57:29	+27:04	05:45	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
309	152	Claúdio Agostinho Matos Tavares	CATARI	57:29	+27:04	05:45	
310	432	Ricardo Belinha	Grupo Desportivo São Paio de Oleiros	57:39	+27:14	05:46	
311	360	Maria Teresa Santos Almeida	Individual	58:28	+28:03	05:51	
312	411	Luís Almeida	Individual	58:29	+28:04	05:51	
313	364	Graça leite	Individual	58:49	+28:24	05:53	
314	240	Carlos Lopes	Duas lebres e uma tartaruga	58:52	+28:27	05:53	
315	471	Cândida Maria de Bastos Ferreira Brandão	Sapatilhas verdes	58:53	+28:28	05:53	
316	361	Patricia Andreia Soares Monteiro	Individual	59:01	+28:36	05:54	
317	146	Antônio Miguel Santos Santos	C.D.D S Martinho da Gândara	59:04	+28:39	05:54	
318	483	Pedro Martins	TO NA PISTA	59:04	+28:39	05:54	
319	330	Miguel Bastos Pinto Couto Resende	Individual	59:18	+28:53	05:56	
320	363	Maria de Lurdes Bastos Pinto Resende	Individual	59:18	+28:53	05:56	
321	367	António Fernando Soares da Vinha	Individual	59:19	+28:54	05:56	
322	243	Eduardo Tavares Rebelo	EDUART COMPONENTES CALÇADO	59:45	+29:20	05:59	
323	242	Luís Filipe Martins Soares	EDUART COMPONENTES CALÇADO	59:45	+29:20	05:59	
324	320	João Rafael Oliveira Bastos	Individual	59:59	+29:34	06:00	
325	352	Sónia Bessa	Individual	01:00:04	+29:39	06:00	
326	127	Cláudia Gomes	AFISOVAR	01:00:20	+29:55	06:02	
327	128	Susana Pinto	AFISOVAR	01:00:21	+29:56	06:02	
328	359	Maria S Anjos	Individual	01:01:02	+30:37	06:06	
329	503	Luis Monteiro	Vicaima - Industria de Madeiras e Derivados S.A.	01:01:03	+30:38	06:06	
330	498	Tiago Azevedo	Vicaima - Industria de Madeiras e Derivados S.A.	01:01:04	+30:39	06:06	
331	281	Ana Azevedo	Individual	01:01:06	+30:41	06:07	
332	183	JOANA PINHO	Centro de Marcha e Corrida de Vale de Cambra	01:01:06	+30:41	06:07	
333	427	Vitor manuel figueiredo	Individual	01:01:10	+30:45	06:07	
334	280	Ana Almeida	Individual	01:01:24	+30:59	06:08	
335	287	Cátia Coimbra	Individual	01:01:25	+31:00	06:08	
336	298	TERESA FILIPA Moreira Nogueira	Individual	01:01:41	+31:16	06:10	
337	496	Alexandre Almeida	Vicaima - Industria de Madeiras e Derivados S.A.	01:01:49	+31:24	06:11	
338	381	Ricardo Manuel Tavares de Pinho	Individual	01:01:55	+31:30	06:11	
339	404	Carlos Rui Almeida Leite	Individual	01:01:59	+31:34	06:12	
340	517	Mario Henriques	Individual	01:02:03	+31:38	06:12	
341	239	Anabela Almeida	Duas lebres e uma tartaruga	01:02:06	+31:41	06:13	
342	379	Pedro Torcato	Individual	01:02:52	+32:27	06:17	
343	490	Ricardo Veloso	Vale Correr	01:03:05	+32:40	06:18	
344	107	Luis Oliveira	ACAIL GAS	01:03:26	+33:01	06:21	
345	383	Carlos Manuel Costa Almeida	Individual	01:03:48	+33:23	06:23	
346	191	FÁTIMA FERREIRA	Centro de Marcha e Corrida de Vale de Cambra	01:03:49	+33:24	06:23	
347	421	Joao Manuel Rodrigues Pinho	Individual	01:04:24	+33:59	06:26	
348	329	MICHAEL LUCAS	Individual	01:04:28	+34:03	06:27	
349	292	Marlene Dias	Individual	01:04:43	+34:18	06:28	
350	166	Helena Correia	Catari Gaia-Running	01:05:38	+35:13	06:34	
351	102	Fernando Martins	ACAIL GAS	01:06:21	+35:57	06:38	
352	104	Domingos Novo	ACAIL GAS	01:06:22	+35:57	06:38	
353	348	Insaf BENNOUR	Individual	01:06:26	+36:01	06:39	

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
354	318	João Coelho	Individual	01:06:26	+36:01	06:39	
355	356	Cláudia Micaela Soares Rocha	Individual	01:08:16	+37:51	06:50	
356	358	Maria Correia	Individual	01:08:16	+37:51	06:50	
357	162	Vera Ferreira	Catari Gaia-Running	01:09:30	+39:05	06:57	
358	482	MARIA ALICE FERNANDES	SSTS. JOÃO DA MADEIRA	01:10:10	+39:45	07:01	
359	179	Helder Oliveira	Catari Gaia-Running	01:10:40	+40:15	07:04	
360	510	Francisco Rocha	Catari Gaia-Running	01:10:54	+40:29	07:05	
361	157	Ana Coelho	Catari Gaia-Running	01:10:54	+40:29	07:05	
362	171	Alfredo Rocha	Catari Gaia-Running	01:10:56	+40:31	07:06	
363	295	Solange Soares Pedro Teixeira	Individual	01:11:23	+40:58	07:08	
364	426	Joao Luis Frade Cajeira	Individual	01:17:56	+47:31	07:48	
365	180	João Santiago	Catari Gaia-Running	01:18:23	+47:58	07:50	
366	296	Tânia Melissa Duarte Santos	Individual	01:23:28	+53:03	08:21	
367	377	Paulo Daniel Tavares Soares Correia	Individual	01:23:28	+53:03	08:21	

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Senior Masculino

1	511	Paulo Barbosa	SC BRAGA	Senior Masculino	30:25		03:03
2	144	Simão Bastos	Benfica	Senior Masculino	30:33	+00:07	03:03
3	461	Bruno Silva	Prime Running Club	Senior Masculino	30:39	+00:13	03:04
4	466	João Almeida	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	31:16	+00:50	03:08
5	112	Filipe Ferreira	ACR de Vale de Cambra	Senior Masculino	31:54	+01:28	03:11
6	111	Carlos Rodrigues	ACR de Vale de Cambra	Senior Masculino	32:37	+02:11	03:16
7	249	RENATO SOUSA	EV/PERALTAFIL	Senior Masculino	33:00	+02:34	03:18
8	208	ANDRÉ ADRIANO	Clube Atletismo de Ovar	Senior Masculino	34:04	+03:38	03:24
9	139	Alexandre Azevedo	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	34:14	+03:48	03:25
10	270	Jorge Cubal	GDC Guilhovai	Senior Masculino	34:50	+04:24	03:29
11	247	HELDER PIRES	EV/PERALTAFIL	Senior Masculino	35:09	+04:43	03:31
12	438	Duarte Rodrigues	Maia Atlético Clube	Senior Masculino	35:12	+04:46	03:31
13	431	Telmo nascimento	Grupo Desportivo São Paio de Oleiros	Senior Masculino	35:18	+04:52	03:32
14	141	Jorge Valente	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	36:15	+05:49	03:37
15	311	Fábio Reis	Vale Correr	Senior Masculino	36:41	+06:15	03:40
16	246	BRUNO MELO	EV/PERALTAFIL	Senior Masculino	37:22	+06:56	03:44
17	115	Marco Pinho	ACR de Vale de Cambra	Senior Masculino	37:36	+07:10	03:46
18	488	João Oliveira	Vale Correr	Senior Masculino	38:02	+07:36	03:48
19	429	Filipe luz	Grupo Desportivo São Paio de Oleiros	Senior Masculino	38:53	+08:27	03:53
20	114	Hugo Almeida	ACR de Vale de Cambra	Senior Masculino	38:53	+08:27	03:53
21	312	Filipe Barros	Individual	Senior Masculino	38:55	+08:29	03:53
22	485	David Pereira	Vale Correr	Senior Masculino	38:58	+08:32	03:54
23	344	Ricardo Marafuz	Individual	Senior Masculino	39:00	+08:34	03:54
24	225	Igor Andre Almeida Ribeiro	Colep Packaging	Senior Masculino	39:13	+08:47	03:55
25	301	Bruno Couto	Grupo Desportivo São Paio de Oleiros	Senior Masculino	39:14	+08:48	03:55
26	261	André Santos	GDC Codal Vale de Cambra	Senior Masculino	39:14	+08:48	03:55
27	209	TIAGO FERREIRA	Clube Atletismo de Ovar	Senior Masculino	39:25	+08:59	03:56
28	110	Bruno Queirós	ACR de Vale de Cambra	Senior Masculino	39:55	+09:29	04:00
29	325	Marcelo Campos	Individual	Senior Masculino	39:58	+09:32	04:00
30	264	ROLAND SOUSA	GDC Codal Vale de Cambra	Senior Masculino	40:01	+09:35	04:00
31	497	Antonio Henriques	Vicaima - Industria de Madeiras e Derivados S.A.	Senior Masculino	40:13	+09:47	04:01
32	336	Paulo Sérgio dos Santos Nunes	Individual	Senior Masculino	40:19	+09:53	04:02
33	428	Daniel Ferreira	Grupo Desportivo São Paio de Oleiros	Senior Masculino	40:23	+09:57	04:02
34	101	ANDRÉ PINA	A. D. GRIJÓ A CORRER	Senior Masculino	40:28	+10:02	04:03
35	345	Ricardo Miguel	Individual	Senior Masculino	40:31	+10:05	04:03
36	305	CLÁUDIO COVAL	Individual	Senior Masculino	40:38	+10:12	04:04
37	137	Ricardo Costa	ARADA ATLÉTICO CLUBE	Senior Masculino	40:54	+10:28	04:05

Official Timekeeper: Lap2Go	2 / 11	generate 21-May-2023 11:31
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	234	João Correia	Correias	Senior Masculino	40:57	+10:31	04:06
39	181	Tomé Rodrigues	CDC Macieira de Cambra	Senior Masculino	41:05	+10:39	04:07
40	217	Flávio Cunha	Clube Campismo	Senior Masculino	41:20	+10:54	04:08
41	310	Fábio Correia	Individual	Senior Masculino	41:37	+11:11	04:10
42	153	Gonçalo Costa	Catari Gaia-Running	Senior Masculino	41:54	+11:28	04:11
43	334	Nuno Albergaria	Individual	Senior Masculino	41:55	+11:29	04:11
44	237	Ricardo Correia	Do Vale Running Brothers	Senior Masculino	42:37	+12:11	04:16
45	347	Tiago Oliveira	Individual	Senior Masculino	42:59	+12:33	04:18
46	327	Marco Almeida	Individual	Senior Masculino	43:08	+12:42	04:19
47	116	Nelson Filipe Soares	ACR de Vale de Cambra	Senior Masculino	43:26	+13:00	04:21
48	263	Nuno Pinto	GDC Codal Vale de Cambra	Senior Masculino	43:36	+13:10	04:22
49	308	Diogo Silva	Individual	Senior Masculino	44:01	+13:35	04:24
50	155	José Ribeiro	Catari Gaia-Running	Senior Masculino	44:45	+14:19	04:29
51	328	Marco Soares	Individual	Senior Masculino	44:51	+14:25	04:29
52	309	Diogo Sousa	Individual	Senior Masculino	44:58	+14:32	04:30
53	326	Marcelo Xavier Capelo de Almeida	Individual	Senior Masculino	45:11	+14:45	04:31
54	229	Miguel Oliveira	COPO RUNNERS	Senior Masculino	45:15	+14:49	04:31
55	156	Raul Freitas	Catari Gaia-Running	Senior Masculino	45:21	+14:55	04:32
56	140	Daniel Vieira	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	45:30	+15:04	04:33
57	475	José Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Senior Masculino	45:30	+15:04	04:33
58	235	Pedro Correia	Correias	Senior Masculino	45:36	+15:10	04:34
59	262	António Silva	GDC Codal Vale de Cambra	Senior Masculino	45:37	+15:11	04:34
60	236	Luís Tavares	Do Vale Running Brothers	Senior Masculino	45:39	+15:13	04:34
61	321	Jorge Costa	Individual	Senior Masculino	45:51	+15:25	04:35
62	453	Daniel Silva	Oliveira's	Senior Masculino	46:05	+15:40	04:37
63	248	RAFAEL JESUS	EV/PERALTAFIL	Senior Masculino	46:20	+15:55	04:38
64	113	Francis Fernandes	ACR de Vale de Cambra	Senior Masculino	46:32	+16:06	04:39
65	339	Pedro Miguel Silva Pinho	Individual	Senior Masculino	46:45	+16:19	04:41
66	303	Carlos Monteiro	Individual	Senior Masculino	46:55	+16:29	04:41
67	331	Miguel Chaves	Individual	Senior Masculino	46:59	+16:33	04:42
68	324	Luís Silva	Individual	Senior Masculino	47:08	+16:42	04:43
69	154	João Neves	Catari Gaia-Running	Senior Masculino	47:58	+17:32	04:48
70	230	Toni Lopes	COPO RUNNERS	Senior Masculino	48:00	+17:34	04:48
71	342	Pedro Vilar	Individual	Senior Masculino	48:09	+17:43	04:49
72	275	Bruno António Rodrigues da Silva	GIMNÁGUA	Senior Masculino	48:21	+17:55	04:50
73	314	Hugo Daniel Brandão Sousa	Individual	Senior Masculino	48:58	+18:32	04:54
74	332	Miguel Filipe Costa Vilar	Individual	Senior Masculino	49:10	+18:44	04:55
75	300	Alexis Rato	Individual	Senior Masculino	49:48	+19:23	04:59
76	335	Paulo Oliveira	Individual	Senior Masculino	49:53	+19:27	04:59
77	337	Pedro Costa	Individual	Senior Masculino	50:22	+19:56	05:02
78	302	Carlos Alberto Silva Cruz	Individual	Senior Masculino	50:38	+20:12	05:04
79	315	Hugo Fonseca	Individual	Senior Masculino	50:53	+20:27	05:05
80	306	Cristiano Marcelo Ferreira de Oliveira	Individual	Senior Masculino	50:53	+20:27	05:05
81	489	Luís Lopes	Vale Correr	Senior Masculino	51:09	+20:43	05:07

Official Timekeeper: Lap2Go	3 / 11	generate 21-May-2023 11:31
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

82	333	Nelson António Tavares	Individual	Senior Masculino	51:24	+20:58	05:08
83	441	Sérgio Dias	MH Estúdio de Pilates	Senior Masculino	51:32	+21:06	05:09
84	338	Pedro Lopes	Individual	Senior Masculino	51:39	+21:13	05:10
85	486	Gabriel Rodrigues	Vale Correr	Senior Masculino	51:46	+21:20	05:11
86	103	Luís Novo	ACAIL GAS	Senior Masculino	51:54	+21:28	05:11
87	343	Rafael Vilar	Individual	Senior Masculino	52:51	+22:25	05:17
88	277	Carlos Teixeira	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	52:57	+22:31	05:18
89	323	Luis Magalhaes	Individual	Senior Masculino	53:13	+22:47	05:19
90	117	Rui Ferreira	ACR de Vale de Cambra	Senior Masculino	53:17	+22:51	05:20
91	226	Joao Pedro Montenegro Pinto Loureiro	Colep Packaging	Senior Masculino	53:25	+22:59	05:20
92	316	Jaime Azevedo	Individual	Senior Masculino	53:32	+23:06	05:21
93	241	André Filipe dos Santos Rebelo	EDUART COMPONENTES CALÇADO	Senior Masculino	53:38	+23:12	05:22
94	307	DANIEL GOMES TAVARES	Individual	Senior Masculino	54:21	+23:55	05:26
95	499	Valter Alves	Vicaima - Indústria de Madeiras e Derivados S.A.	Senior Masculino	54:36	+24:10	05:28
96	313	Gustavo Filipe Bastos Silva Pinho Marques	Individual	Senior Masculino	55:07	+24:41	05:31
97	319	João Miguel Moreira Barbosa	Individual	Senior Masculino	55:22	+24:56	05:32
98	145	Filipe de Bastos Martins	C.D.C Paradela do Vouga	Senior Masculino	55:26	+25:00	05:33
99	322	Luís Correia	Individual	Senior Masculino	57:25	+26:59	05:45
100	483	Pedro Martins	TO NA PISTA	Senior Masculino	59:04	+28:38	05:54
101	330	Miguel Bastos Pinto Couto Resende	Individual	Senior Masculino	59:18	+28:52	05:56
102	320	João Rafael Oliveira Bastos	Individual	Senior Masculino	59:59	+29:33	06:00
103	498	Tiago Azevedo	Vicaima - Indústria de Madeiras e Derivados S.A.	Senior Masculino	01:01:04	+30:38	06:06
104	496	Alexandre Almeida	Vicaima - Indústria de Madeiras e Derivados S.A.	Senior Masculino	01:01:49	+31:23	06:11
105	517	Mario Henriques	Individual	Senior Masculino	01:02:03	+31:37	06:12
106	490	Ricardo Veloso	Vale Correr	Senior Masculino	01:03:05	+32:39	06:18
107	329	MICAEL LUCAS	Individual	Senior Masculino	01:04:28	+34:02	06:27
108	102	Fernando Martins	ACAIL GAS	Senior Masculino	01:06:21	+35:56	06:38
109	318	João Coelho	Individual	Senior Masculino	01:06:26	+36:00	06:39

Veterana F40

1	258	Sandra Ferreira	GDC Guilhovai	Veterana F40	40:17		04:02
2	470	Sónia Félix	Runriver	Veterana F40	43:48	+03:31	04:23
3	210	LIGIA TORRES	Clube Atletismo de Ovar	Veterana F40	45:28	+05:11	04:33
4	250	ANA OLIVEIRA	EV/PERALTAFIL	Veterana F40	46:53	+06:36	04:41
5	350	Rosália Sousa	Individual	Veterana F40	47:58	+07:41	04:48
6	445	Sara Costa	Núcleo de Atletismo de Cucujães	Veterana F40	49:00	+08:43	04:54
7	351	Sandra Moreira	Individual	Veterana F40	50:22	+10:05	05:02
8	349	Maria Helena Martins Da Silva	Individual	Veterana F40	56:14	+15:57	05:37
9	184	NATÉRCIA SILVA	Centro de Marcha e Corrida de Vale de Cambra	Veterana F40	57:25	+17:08	05:44
10	352	Sónia Bessa	Individual	Veterana F40	01:00:04	+19:47	06:00

Official Timekeeper: Lap2Go	4 / 11	generate 21-May-2023 11:31
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F55

1	165	Elisabete Repas	Catari Gaia-Running	Veterana F55	46:32		04:39
2	143	Sãozita Ferreira	AZTrail	Veterana F55	49:25	+02:53	04:57
3	129	Elisabete Silva	AFISOVAR	Veterana F55	52:13	+05:40	05:13
4	191	FÁTIMA FERREIRA	Centro de Marcha e Corrida de Vale de Cambra	Veterana F55	01:03:49	+17:17	06:23
5	166	Helena Correia	Catari Gaia-Running	Veterana F55	01:05:38	+19:06	06:34

Veterana F60

1	476	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterana F60	51:23		05:08
2	120	Fernanda Almeida	ACR de Vale de Cambra	Veterana F60	54:37	+03:14	05:28
3	364	Graça leite	Individual	Veterana F60	58:49	+07:26	05:53
4	482	MARIA ALICE FERNANDES	SSTS. JOÃO DA MADEIRA	Veterana F60	01:10:10	+18:47	07:01

Veterano M40

1	512	Pedro Ribeiro	Individual	Veterano M40	31:54		03:11
2	253	TOZÉ CASTRO	EV/PERALTAFIL	Veterano M40	33:00	+01:06	03:18
3	121	Bruno Freitas	ACR de Vale de Cambra	Veterano M40	34:30	+02:36	03:27
4	142	DANIEL RODRIGUES	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D OVAR	Veterano M40	34:55	+03:01	03:30
5	259	Antonio Cristovão	GDC Guilhovai	Veterano M40	35:32	+03:37	03:33
6	252	JOSÉ ALMEIDA	EV/PERALTAFIL	Veterano M40	36:01	+04:07	03:36
7	467	Hugo Ramalho	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	37:15	+05:21	03:44
8	447	João Dias	Núcleo de Atletismo de Cucujães	Veterano M40	37:45	+05:50	03:46
9	251	CLÁUDIO COSTA	EV/PERALTAFIL	Veterano M40	37:58	+06:04	03:48
10	192	BRUNO FERNANDES	Centro de Marcha e Corrida de Vale de Cambra	Veterano M40	38:45	+06:51	03:53
11	491	Elvio Santos	Vale Correr	Veterano M40	40:36	+08:42	04:04
12	168	Pedro Monteiro	Catari Gaia-Running	Veterano M40	40:59	+09:05	04:06
13	265	Carlos Teixeira	GDC Codal Vale de Cambra	Veterano M40	41:01	+09:07	04:06
14	118	Nuno Santos	Villa Cesari	Veterano M40	42:54	+10:59	04:17
15	266	Ricardo Tavares	GDC Codal Vale de Cambra	Veterano M40	43:36	+11:42	04:22
16	371	LUDOVIC DES COGNETES	Individual	Veterano M40	43:51	+11:57	04:23
17	369	Carlos Martins	Individual	Veterano M40	45:54	+14:00	04:35
18	122	Rui Almeida	ACR de Vale de Cambra	Veterano M40	46:07	+14:12	04:37
19	454	Pedro Pina	Oliveira's	Veterano M40	46:44	+14:50	04:40
20	227	Francisco Martins Figueiredo	Colep Packaging	Veterano M40	47:27	+15:33	04:45
21	151	Rui Serafim Costa Figueiredo	CATARI	Veterano M40	49:30	+17:36	04:57
22	372	Luis Filipe de Almeida Rodrigues	Individual	Veterano M40	49:36	+17:42	04:58
23	378	Paulo Tavares	Individual	Veterano M40	49:46	+17:51	04:59
24	506	Marco Almeida	Zequinhas Running Team	Veterano M40	50:37	+18:43	05:04

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

25	375	Miguel Duarte	Individual	Veterano M40	53:09	+21:15	05:19
26	278	Hugo Sousa	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	53:37	+21:42	05:22
27	149	Bernardo Tavares Nery	CATARI	Veterano M40	53:57	+22:03	05:24
28	370	José Manuel Vilela	Individual	Veterano M40	54:35	+22:41	05:27
29	380	Rafael Freitas	Individual	Veterano M40	55:00	+23:06	05:30
30	368	Carlos Cunha	Individual	Veterano M40	55:03	+23:09	05:30
31	462	Vítor Lemos	PUPILOS DO ZÉ TÓ	Veterano M40	55:22	+23:28	05:32
32	366	André Vigário	Individual	Veterano M40	55:22	+23:28	05:32
33	455	Ricardo Silva	Oliveira's	Veterano M40	56:14	+24:20	05:37
34	376	NUNO FILIPE DE OLIVEIRA SOARES	Individual	Veterano M40	56:50	+24:56	05:41
35	492	Paulo soares	Vale Correr	Veterano M40	57:00	+25:06	05:42
36	193	JORGE QUENTAL	Centro de Marcha e Corrida de Vale de Cambra	Veterano M40	57:29	+25:35	05:45
37	432	Ricardo Belinha	Grupo Desportivo São Paio de Oleiros	Veterano M40	57:39	+25:45	05:46
38	240	Carlos Lopes	Duas lebres e uma tartaruga	Veterano M40	58:52	+26:58	05:53
39	367	António Fernando Soares da Vinha	Individual	Veterano M40	59:19	+27:24	05:56
40	381	Ricardo Manuel Tavares de Pinho	Individual	Veterano M40	01:01:55	+30:00	06:11
41	379	Pedro Torcato	Individual	Veterano M40	01:02:52	+30:58	06:17
42	104	Domingos Novo	ACAIL GAS	Veterano M40	01:06:22	+34:28	06:38
43	377	Paulo Daniel Tavares Soares Correia	Individual	Veterano M40	01:23:28	+51:34	08:21

Veterano M45

1	255	VITOR SANTOS	EV/PERALTAFIL	Veterano M45	33:36		03:22
2	398	Paulo Pereira	GDC Guilhovai	Veterano M45	34:39	+01:02	03:28
3	260	Artur Rodrigues	GDC Guilhovai	Veterano M45	34:46	+01:10	03:29
4	448	Ângelo César Pinho Araújo	Núcleo de Atletismo de Cucujães	Veterano M45	34:53	+01:17	03:29
5	271	LUÍS JOSÉ GOMES E SILVA	GDC Guilhovai	Veterano M45	34:58	+01:22	03:30
6	267	Rui Almeida	GDC Codal Vale de Cambra	Veterano M45	38:10	+04:34	03:49
7	213	PEDRO SILVA	Clube Atletismo de Ovar	Veterano M45	39:22	+05:46	03:56
8	434	Armando bastos	Grupo Desportivo São Paio de Oleiros	Veterano M45	41:17	+07:41	04:08
9	232	Filipe Coelho	COPO RUNNERS	Veterano M45	42:51	+09:15	04:17
10	382	Américo Silva	Individual	Veterano M45	43:33	+09:56	04:21
11	231	Armando Sá	COPO RUNNERS	Veterano M45	43:49	+10:12	04:23
12	390	Luis Gomes	Individual	Veterano M45	45:11	+11:34	04:31
13	233	Sérgio Pereira	COPO RUNNERS	Veterano M45	45:15	+11:38	04:31
14	169	André Fonseca	Catari Gaia-Running	Veterano M45	45:36	+12:00	04:34
15	391	Luis Rodrigues	Individual	Veterano M45	46:49	+13:13	04:41
16	430	Manuel Belinha	Grupo Desportivo São Paio de Oleiros	Veterano M45	46:54	+13:17	04:41
17	194	CARLOS ALBERTO SILVA	Centro de Marcha e Corrida de Vale de Cambra	Veterano M45	47:22	+13:45	04:44
18	105	Jorge Francisco	ACAIL GAS	Veterano M45	47:50	+14:13	04:47
19	388	José santos	Individual	Veterano M45	47:58	+14:21	04:48

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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20	254	Avelino Freitas	Grupo Desportivo São Paio de Oleiros	Veterano M45	48:07	+14:31	04:49
21	433	Alcindo dias	Grupo Desportivo São Paio de Oleiros	Veterano M45	48:08	+14:31	04:49
22	276	Pedro Manuel da Silva Costa	GIMNÁGUA	Veterano M45	48:26	+14:50	04:51
23	450	Pedro Paiva	Núcleo de Atletismo de Cucujães	Veterano M45	48:58	+15:22	04:54
24	400	Rui Correia	Individual	Veterano M45	49:09	+15:33	04:55
25	387	José Pinho	Individual	Veterano M45	49:13	+15:37	04:55
26	389	Luís Ferreira	Individual	Veterano M45	49:31	+15:54	04:57
27	384	Francisco Oliveira	Individual	Veterano M45	50:53	+17:17	05:05
28	442	Paulo Bastos	MH Estúdio de Pilates	Veterano M45	51:32	+17:55	05:09
29	170	José Lopes	Catari Gaia-Running	Veterano M45	52:33	+18:57	05:15
30	395	Nuno Filipe Marques da Silva	Individual	Veterano M45	53:42	+20:06	05:22
31	516	Filipe Alexandre Alves Loureiro	Individual	Veterano M45	54:27	+20:51	05:27
32	386	Hugo Morais	Individual	Veterano M45	54:34	+20:58	05:27
33	245	Álvaro Miguel Barbosa	em gestão!	Veterano M45	55:21	+21:45	05:32
34	195	DOMINGOS GONÇALVES	Centro de Marcha e Corrida de Vale de Cambra	Veterano M45	55:22	+21:46	05:32
35	392	Luís silva	Individual	Veterano M45	55:34	+21:57	05:33
36	397	Paulo Alexandre Moreira da Silva	Individual	Veterano M45	55:39	+22:03	05:34
37	401	Rui Silva	Individual	Veterano M45	55:46	+22:09	05:35
38	515	Nuno Manuel Pinho Martins Ferreira	Individual	Veterano M45	56:02	+22:26	05:36
39	396	Nuno Sá	Individual	Veterano M45	56:06	+22:30	05:37
40	393	Manuel Joaquim Mendes Silva	Individual	Veterano M45	56:11	+22:35	05:37
41	152	Claúdio Agostinho Matos Tavares	CATARI	Veterano M45	57:29	+23:53	05:45
42	146	António Miguel Santos Santos	C.D.D S Martinho da Gândara	Veterano M45	59:04	+25:28	05:54
43	383	Carlos Manuel Costa Almeida	Individual	Veterano M45	01:03:48	+30:11	06:23

Veterano M50

1	412	Paulo Gomes	GDC Guilhovai	Veterano M50	32:50		03:17
2	346	Sérgio Pinto	LAVRA	Veterano M50	35:50	+03:00	03:35
3	123	Fernando Silva	ACR de Vale de Cambra	Veterano M50	38:40	+05:50	03:52
4	131	José Godinho	AFISOVAR	Veterano M50	39:16	+06:26	03:56
5	214	Rogério Campos	Clube Atletismo de Ovar	Veterano M50	40:11	+07:21	04:01
6	218	Américo Pinho	Clube Campismo	Veterano M50	40:41	+07:51	04:04
7	138	António Nunes	ARADA ATLÉTICO CLUBE	Veterano M50	40:54	+08:04	04:05
8	443	Francelino Resende	Nascidos para Correr	Veterano M50	41:17	+08:27	04:08
9	408	José Correia	Individual	Veterano M50	43:25	+10:35	04:20
10	405	João Filipe Gomes Rodrigues	Individual	Veterano M50	44:10	+11:20	04:25
11	202	Silvio carvalho	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	45:22	+12:32	04:32
12	172	Pedro Costa	Catari Gaia-Running	Veterano M50	47:41	+14:51	04:46
13	200	HELDER AFONSO	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	48:02	+15:12	04:48
14	403	Carlos alberto soares maria	Individual	Veterano M50	48:34	+15:44	04:51
15	413	Paulo Santos	Individual	Veterano M50	48:41	+15:51	04:52
16	132	Paulo Almeida	AFISOVAR	Veterano M50	49:21	+16:31	04:56

Official Timekeeper: Lap2Go	8 / 11	generate 21-May-2023 11:31
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Prova Principal

10 KM

OFFICIAL RESULT

17	130	Américo Oliveira	AFISOVAR	Veterano M50	49:22	+16:32	04:56
18	402	António Martins	Individual	Veterano M50	49:54	+17:04	04:59
19	409	José Rocha	Individual	Veterano M50	51:31	+18:41	05:09
20	473	José Miguel Melo Brandão	Sapatilhas verdes	Veterano M50	51:46	+18:56	05:11
21	415	Serafim Sousa	Individual	Veterano M50	52:24	+19:34	05:14
22	201	JOSÉ ALMEIDA	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	52:44	+19:53	05:16
23	197	CARLOS ALBERTO BRANDÃO	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	53:35	+20:45	05:21
24	472	Fernando Pinto	Sapatilhas verdes	Veterano M50	53:44	+20:54	05:22
25	410	julio costa	Individual	Veterano M50	54:11	+21:21	05:25
26	198	Carlos Alberto Soares Rodrigues	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	54:50	+22:00	05:29
27	199	FERNANDO JORGE LEITE	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	55:47	+22:57	05:35
28	456	Luís Oliveira	Oliveira's	Veterano M50	56:15	+23:24	05:37
29	411	Luís Almeida	Individual	Veterano M50	58:29	+25:39	05:51
30	503	Luis Monteiro	Vicaima - Industria de Madeiras e Derivados S.A.	Veterano M50	01:01:03	+28:13	06:06
31	404	Carlos Rui Almeida Leite	Individual	Veterano M50	01:01:59	+29:09	06:12
32	510	Francisco Rocha	Catari Gaia-Running	Veterano M50	01:10:54	+38:03	07:05
33	171	Alfredo Rocha	Catari Gaia-Running	Veterano M50	01:10:56	+38:05	07:06

Veterano M55

1	272	ANTÓNIO JOAQUIM SOARES FERNANDES	GDC Guilhovai	Veterano M55	33:29		03:21
2	220	Manuel Alves	Clube Campismo	Veterano M55	35:30	+02:00	03:33
3	133	José Figueiredo	AFISOVAR	Veterano M55	37:40	+04:10	03:46
4	124	António Pinto	ACR de Vale de Cambra	Veterano M55	37:56	+04:26	03:48
5	216	MARIO VAZ	Clube Atletismo de Ovar	Veterano M55	38:54	+05:24	03:53
6	457	Fernando Antunes	Os briosos	Veterano M55	39:15	+05:45	03:55
7	219	Fernando Oliveira	Clube Campismo	Veterano M55	40:45	+07:15	04:04
8	215	ANTONIO LEITÃO	Clube Atletismo de Ovar	Veterano M55	42:41	+09:11	04:16
9	203	PAULO MARTINS	Centro de Marcha e Corrida de Vale de Cambra	Veterano M55	45:07	+11:37	04:31
10	174	Ilídio Silva	Catari Gaia-Running	Veterano M55	46:21	+12:51	04:38
11	134	Manuel Gomes	AFISOVAR	Veterano M55	46:54	+13:24	04:41
12	173	Francisco Freitas	Catari Gaia-Running	Veterano M55	47:16	+13:46	04:44
13	125	Celso Paiva	ACR de Vale de Cambra	Veterano M55	48:13	+14:43	04:49
14	416	Antonio Alberto Almeida Matos Gomes	Centro de Marcha e Corrida de Vale de Cambra	Veterano M55	50:25	+16:55	05:02
15	420	Joao Coutinho Rego	Individual	Veterano M55	50:25	+16:56	05:03
16	423	José António de Pinho Fernandes	Individual	Veterano M55	50:33	+17:03	05:03
17	422	Jorge Gonçalves	Individual	Veterano M55	51:11	+17:41	05:07
18	175	Joaquim Almeida	Catari Gaia-Running	Veterano M55	51:14	+17:44	05:07
19	419	Filipe Soares	Individual	Veterano M55	51:38	+18:08	05:10
20	273	Hélder MC Ramos	GDG - Grupo Desportivo da Gafanha	Veterano M55	52:10	+18:40	05:13

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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21	451	Manuel Anjos	Núcleo de Atletismo de Cucujães	Veterano M55	53:06	+19:36	05:19
22	424	Pedro Magalhães	Individual	Veterano M55	53:25	+19:55	05:20
23	221	Paulo Valente	Clube Campismo	Veterano M55	55:02	+21:32	05:30
24	514	FERNANDO ROCHA SACRAMENTO	Arlindo Soares de Pinho	Veterano M55	56:14	+22:44	05:37
25	176	José António Ribeiro	Catari Gaia-Running	Veterano M55	56:50	+23:20	05:41
26	228	Carlos Jose Almeida Ferreira	Colep Packaging	Veterano M55	56:56	+23:26	05:42
27	242	Luís Filipe Martins Soares	EDUART COMPONENTES CALÇADO	Veterano M55	59:45	+26:15	05:59
28	421	Joao Manuel Rodrigues Pinho	Individual	Veterano M55	01:04:24	+30:54	06:26

Veterano M60

1	435	Manuel valente	Grupo Desportivo São Paio de Oleiros	Veterano M60	38:53		03:53
2	477	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	39:08	+00:15	03:55
3	147	Benjamim Soares	CARCAVELOS CARAVELA SEGUROS	Veterano M60	40:52	+01:58	04:05
4	449	Antonio Fernandes	Núcleo de Atletismo de Cucujães	Veterano M60	42:31	+03:38	04:15
5	177	Carlos Pinto	Catari Gaia-Running	Veterano M60	43:40	+04:47	04:22
6	414	Rodrigo Nunes	Individual	Veterano M60	44:03	+05:09	04:24
7	268	Albano Braga	GDC Codal Vale de Cambra	Veterano M60	44:30	+05:36	04:27
8	222	Dario Pereira	Clube Campismo	Veterano M60	47:06	+08:13	04:43
9	469	ZE MOUTINHO	RUNNING ESPINHO	Veterano M60	47:11	+08:17	04:43
10	207	NELSON CUNHA SILVA	Centro de Marcha e Corrida de Vale de Cambra	Veterano M60	47:53	+09:00	04:47
11	452	Manuel Paiva	Núcleo de Atletismo de Cucujães	Veterano M60	48:58	+10:05	04:54
12	135	Manuel José Vieira Sousa Neves	AFISOVAR	Veterano M60	49:29	+10:36	04:57
13	204	ANTÓNIO JORGE OLIVEIRA	Centro de Marcha e Corrida de Vale de Cambra	Veterano M60	49:36	+10:42	04:58
14	206	JOAQUIM OLIVEIRA	Centro de Marcha e Corrida de Vale de Cambra	Veterano M60	51:34	+12:40	05:09
15	279	Virgolino Bastos	Grupo Juvenil Pinheiro da Bemposta	Veterano M60	53:01	+14:08	05:18
16	212	ARLINDO SILVA	Clube Atletismo de Ovar	Veterano M60	53:17	+14:23	05:20
17	126	Manuel Pinho	ACR de Vale de Cambra	Veterano M60	53:18	+14:24	05:20
18	205	ARLINDO RODRIGUES	Centro de Marcha e Corrida de Vale de Cambra	Veterano M60	53:21	+14:28	05:20
19	425	Carlos Alberto Ferreira	Individual	Veterano M60	54:07	+15:13	05:25
20	459	António Reis	Os briosos	Veterano M60	54:14	+15:20	05:25
21	460	Vitor Santos	Os briosos	Veterano M60	55:05	+16:11	05:30
22	178	Diamantino Martins	Catari Gaia-Running	Veterano M60	57:25	+18:31	05:44
23	243	Eduardo Tavares Rebelo	EDUART COMPONENTES CALÇADO	Veterano M60	59:45	+20:51	05:59
24	427	Vitor manuel figueiredo	Individual	Veterano M60	01:01:10	+22:16	06:07
25	107	Luis Oliveira	ACAIL GAS	Veterano M60	01:03:26	+24:32	06:21
26	179	Helder Oliveira	Catari Gaia-Running	Veterano M60	01:10:40	+31:46	07:04
27	426	Joao Luis Frade Cajeira	Individual	Veterano M60	01:17:56	+39:02	07:48

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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28	180	João Santiago	Catari Gaia-Running	Veterano M60	01:18:23	+39:29	07:50
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